

South-Central Regional Newsletter

Things to think about!

- South Fall Rally
Glen Lake Camp
Glen Rose, TX
October 30 - November 1
Registration \$160 9/21
Early Bird \$135 9/14
Contact: Marygrace
- Central Fall Rally
Rock Springs 4-H Center
Junction City, KS
November 13 - 15
Registration \$160 10/12
Early Bird \$135 10/19
Contact: Lisa
- South & Central Winter
February 12-14, 2010
South has no host yet!
Central has a host, yeah!

The Y.O.U. Up Clap

Y- YO- YOU-
Unity, Unity, We
are the Youth of
Unity, Truth
Seeking, Fun Lov-
ing, Youth of
Unity, We believe

in knowing that
the truth will set
us free.
Living, Laughing,
Loving, Learning,
Letting ourselves
be free. Dig us as

we practice Chris-
tianity everyday.
Unity, Unity, U-
NI-TY.

Central Region Song

Hey, all you holy
cows. Jump up
and down and
shout out loud,
sayin' we are the
only region with-

out sand, really
great, really
grand, Midwest
moo cows. Don't
give me no pop,
pop, pop. Don't

give me no tea,
tea, tea. Just
give me that Mid-
west Moo Cow
Juice!

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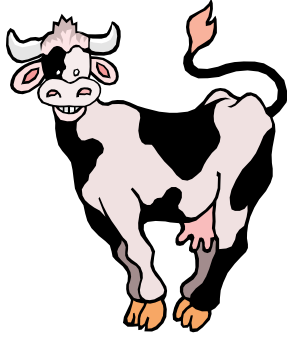
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South Region Song

Mickey you're a
mouse. You're big
smilin' at the
world, and the
world smiles back
at you. You've got

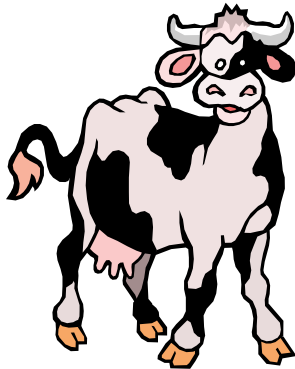
a smile on your
face, with no dis-
grace, spreadin'
your love all over
the place. Singin'
WE LIVE IN

SOUTH REGION.
WE LIVE IN
SOUTH REGION.



Chuck & Myrt Our Mascots

Aka Charles & Myrtle Fillmore
Unity's Co-Founders



“I can't begin to tell you how incredible it was to go up on stage and share my soul and actually have people wanting to hear what I had to share.”

Central Regi Check-ins

Jessica Crabtree

Hello All!!

I am Jessica Crabtree and I am SO pumped to be your 2009-2010 Central Co-Regional Officer! I have high hopes for next year and you all are an amazing group. I cannot explain to you how excited I am to be serving you all! But here's a little about me..I am from OP (Overland Park) and I'm going to be a senior at Shawnee Mission North High School. Dancing is my passion. I have only danced for about six years, but it is my life. This summer I am even going to New York for it! I live for my family and friends. I have the most amazing younger brother and two

parents who have never stopped supporting me. My friends are what keep me going! They are always there for me and I am always there for them. When I first came into YOU it was being rebuilt, so for the first year I didn't really get the full experience. But after I attended my first rally, everything changed! I love YOU and you guys are the reason I am here today. =]

Running for Regi was probably one of the most trying experiences I have had in a while, only because it made me look at myself on a very deep level. When I looked at myself, I realized that I can be what this region

needs and I am so grateful that all of you see that too. But it was also one of the best experiences. I got to know everyone so well and I got to know myself very well. I was reminded that I am loved by everybody and no one was expecting or wanting me to fail. All they wanted was to see me succeed. To see any or all of us succeed. It was an amazing experience and I will never forget it. I will also never forget the upcoming experience of being your regi. I am so excited and hope I live up to the task!

NAMASTE! I love you all,
Peace & Love,
Jess

Sophie Yelenick

Hey YOU!

What an incredible group all of you! I so honored to be serving y'all! Although I know a many of you, I want all of you to know me too! So, I'm Sophia Yelenick. I'm out of Denva!, CO. Overall, I love life. I think that it's super important to be who you truly are and be proud of it. This year I'm going to be a senior at St. Mary's Academy, an all girls high school...yes, all girls. Haha. Some really big parts of my life are working, spending quality time with the people that keep me sane, playing sports, and being outside. YOU has been a part of my life since I was a baby and growing up with Unity, going through all the age groups and finally coming to YOU I fell even more in love with what Unity has to offer! I am so thankful to either know you or have the

privilege of getting to know you in the coming year! Throughout the process of being a Regional Candidate my nerves were going crazy! It never ceased to amaze me how anxious I was throughout the entire process of running. In my opinion, the biggest thing that ended up hanging over my head was the truth talk. I wrote and re-wrote what I wanted to say because I really wanted you guys to see me and my values for what they truly are! When it finally came down to it though, I decided that I would just write. And whatever came to me was what I was supposed to share with y'all. Then, when we had to decide who had to go first, of course nobody really wanted to. But when I volunteered, a sense of relief came with the anxiety of actually presenting it to you all. Mostly, I think,

because once I knew this process was real and I was really going to give y'all some insight to me, I became rested in what I wanted to share. I can't begin to tell you how incredible it was to go up on stage and share my soul and actually have people wanting to hear what I had to share. I am so thankful for all that y'all do for me. :)

Like I said, I am so thankful for YOU. I'm so thankful for all of you that make this incredible movement possible and for the opportunity I have been given to help assist all of you in that process of finding yourself. I love you all!

Love &Light!

Sophia

South Regi Check-ins

SaraLouise Dawson

Hey everybody!

Greetings from SaraLouise, co-regi from A-Town (Albuquerque!), New Mexico! I gotta say, I am super-stoked about this year, this team and the opportunities that we create, and the new things that are coming our way.

It's been almost a week since bi-regi '09 ended, and I still haven't lost my rally high. Or maybe it's just a life high. I am so happy and perfectly content in the growth and

change and movement that is my life. I love that feeling, of just being in a good space physically, mentally, emotionally and spiritually. Sure, there are challenges, but I feel like I can always come back to that space.

So, this is kind of a little introduction, I guess, so I'll introduce myself! I'm seventeen and a half, I'm going into what would be my senior year of high school, and I'm home-schooled. I've been homeschooled my entire life, and love it. It's uber-

awesome, and it gives me the freedom to do things like write, play the piano, work two jobs at two local restaurants, swing dance, and be a regi!

I'm actually due at my job soon, so I'll sign off for now, but I can't wait to see you all at Fall Rally!

SaraLouise
 Myspace.com/
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**Mickey & Minnie Mouse
 Our Mascots**



“It’s been almost a week since Bi-Regi ‘09 ended, and I still haven’t lost my rally high. Or maybe it’s just a life high.”

Garrett Pounds

HEY IT'S GARRETT!

...WOW! I'm seriously in love with the idea of this upcoming year. To get things shaking a bit, I am about to throw down a nice little bit about myself. I am a 17 (18 on September 4th) year old guy that finds himself residing in the amazing city of Austin in the very large... very hot state of Texas. I'm currently listening to Rusted Root on Pandora (thought I should put that in, too) and what some might see as more important a

Senior at Westwood High school. Though public school might be the bane of my existence, I choose to make the best out of the experiences there. One way of doing this is my participation in the Fine Arts academy that has become a separate appendage of my body. I was currently elected as the Drama Club President, which is something I look forward to immensely. I love reading, when I find time. I love speaking about ideas, and hearing the ideas of

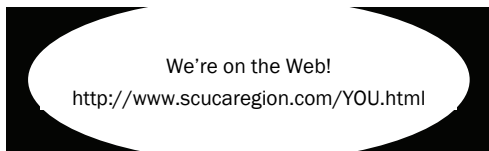
others. Seriously if anyone has an idea, a philosophy on life, a quicker way to glue pennies to the ceiling, ANYTHING! Please feel free to use me as a pair of open ears to listen, for listening is learning, and learning is a presence I need in my life. I hope to further develop the South Central Region Youth of Unity with you my Peers, my fellow YOUers. This year WILL be awesome!

Love,
 Garrett

South Central Youth of Unity

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09-10, here we come!

Chapter Reports

“Check out the annual chapter reports on the web-site and get new ideas for your chapter!!”

Yo, all! We handed copies of the chapter reports at rally and the officers verbally reviewed what they thought

were the highlights. We've posted them on the web-site at www.scucaregion.com Check out the annual chapter re-

ports on the web-site and get new ideas for your chapter!

SC YOU Vision 2009 – 2010

We haven't had a chance to come up with our vision yet, but it's coming soon! We'll get it done at our first planning meeting and get it out in our next issue!